



Course Summary

<u>Name of Course</u>	CERT – 9110 – AED: Accidents & Emergencies Care for the Elderly & Disability (with CPR + AED Training Program)
<u>Training Provider</u>	Singapore Caregiving Academy
<u>Target Participants</u>	Home Caregivers (Family members or domestic helpers) of the elderly, disabilities
<u>Synopsis</u>	Assist the participant with appropriate and important emergency responding skill & knowledge to assist care recipient (i.e. senior citizens, disabilities) with accidents or incidents at home or in the public
<u>Course Outline</u>	<p><u>Session 1: 4 Hours (240 minutes)</u></p> <p>Session 1.1 (Theory): 45mins</p> <ul style="list-style-type: none"> • Common factors and illness affecting to the older persons • Vital signs monitoring & blood sugar level measuring • Abnormal blood pressure management • Abnormal blood sugar level management <p>Learning Activity 1 (Practical): 30mins</p> <ul style="list-style-type: none"> • taking vital signs, measuring blood pressure, blood sugar level <p>Session 1.2 (Theory): 30mins</p> <ul style="list-style-type: none"> • Fall incident <ul style="list-style-type: none"> - Causes - Complication - Preventions - Intervention & management to the fall casualty <ul style="list-style-type: none"> ✓ Conscious status ✓ Unconscious status <p>Learning Activity 2 (Practical): 75mins</p> <ul style="list-style-type: none"> • Examination & position casualty after fall incident

	<ul style="list-style-type: none"> • bleeding management • bandaging techniques <p>Session 1.3 (Theory): 15mins</p> <ul style="list-style-type: none"> • Foreign Body Airway Obstruction (FBAO) management (conscious & unconscious choking) <p>Learning Activity 3 (Practical): 45mins</p> <ul style="list-style-type: none"> • Conscious status: casualty in standing or sitting Position • Unconscious status: lying (flat) position <p><u>Session 2: 4 Hours (240 minutes)</u> <u>(Training: 180 minutes + Assessment: 60 minutes – optional)</u></p> <p>Session 2.1 (Theory): 30 minutes</p> <ul style="list-style-type: none"> ❖ Sudden Cardiac Arrest • Circulation System • Sudden Cardiac Arrest (SCA) <ul style="list-style-type: none"> - Define SCA <ul style="list-style-type: none"> ✓ Causes ✓ Signs & Symptoms - Intervention & Management <ul style="list-style-type: none"> ✓ Position of casualty ✓ Emergency Action Plan ✓ Cardio Pulmonary Resuscitation (One Man CPR – Adult) <p>Session 2.2 (Theory): 30 minutes</p> <ul style="list-style-type: none"> ❖ Automated External Defibrillator (AED) • Understanding of Automated External Defibrillator • The uses of Automated External Defibrillator (AED) <p>Learning Activity 4 (Practical): 120 minutes</p> <p>Assessment (Optional Session): 60 minutes (optional)</p>
<u>Learning Outcomes</u>	Participant is able to provide an appropriate and important emergency responding skill & knowledge to care recipient (i.e. senior citizens, disabilities) either at home or in the public
<u>Mode of Teaching</u>	<p>Classroom - based</p> <ul style="list-style-type: none"> • English • Malay • Burmese (Myanmar Language)
<u>Venue</u>	SG Caregiving Academy, Residents' Community, Community Centre, Community Club and other potential

	premises	
Course Fee <i>*Inclusive of GST</i>	Course Fee (Before CTG)	S\$160 (without GST)
	Co-Payment (After CTG)	S\$10 <i>*(Subject to eligibility and the remaining amount of the care recipient's CTG which is capped at S\$200)</i>
Duration	7 Hours	
Trainer's Bio	<p>Royal Kwok (Mr.)</p> <ul style="list-style-type: none"> - Cert. in Nursing - Adv. Cert. in Training & Assessment - Specialist Dip. in Counselling Psychology - Specialist Dip. in WSH - ELNEC Trainer <p><u>Prof. Profile</u></p> <ul style="list-style-type: none"> • Enrolled Nurse (Registered in Singapore Nursing Board since 2005) • Accredited Trainer, Curriculum Development & Assessor in WSQ Course • Accredited by National Resuscitation Council (NRC) of Singapore (Chief) Instructor in BCLS + AED Training Program • Qualified End-of-Life Nursing Education Consortium (ELNEC) Trainer <p><u>Clinical & Training Profile</u></p> <ul style="list-style-type: none"> • Clinical experience since 2005 • Experience conducting of theoretical, practical and assessment for different healthcare training program, for instance nursing skills (i.e. personal hygiene & grooming, pressure ulcer care, transferring etc.), life saving techniques, psychological and workplace safety & health. 	
Enquiries	Please contact Singapore Caregiver (SG Caregiver) at:- Tel: +65 6258 2801 / 6259 1877 Email: training@sgcaregiver.org Website: www.sgcaregiver.org	