

**DEMENTIA CARE PRACTITIONER
COMMUNITY OF PRACTICE**

30 July 2021, 3-6pm

(Please rename yourself as Name, Organisation)

Coregroup and Sponsors for CoP for DPs

Coregroup

Role of Coregroup:

- Lead and facilitate the discussions during the CoP sessions
- Nurture community and liaise with sponsors for resources

No.	Name	Organisation
1	Koh Hwan Jing (co-lead)	ADA
2	Stephen Chan	
3	Hia Soo Boon	NTUC
4	Yik Pei Lin	
5	Kou Yen Chun	
6	Cindy Koe	
7	Griselda Ong	Yong En
8	May Low	SLEC
9	Low Mui Lang (co-lead)	Salvation Army
10	Namrata Pradip	SACH

Sponsor

Role of a Sponsor:

- Sponsor acts as an effective bridge between CoP and member organisations' management
- Provides resources and recognition to CoP

No.	Name	Organisation
1	See Yen Theng	Deputy Chief, Community and Mental Health Division
2	Lai Phui Ching	Deputy Director, Primary and Community Care Division



Community Definition Statements for CoP for DPs

Organization(s): Why is it important to the organization(s)?	AIC intends to harness the collective experience and knowledge of community partners in dementia care and develop a working guide for dementia practitioners
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Domain: What is the community about?
The community aims to build capability in dementia care and a network amongst dementia practitioners

Community: for whom?
The community is primarily targeted for new and experienced DPs

Practice: what knowledge to share, develop & document ?
<ul style="list-style-type: none"> ○ Guidelines for centre-based dementia care (document) ○ Implementation of PCC (knowledge sharing) ○ Development of new Dementia practitioners (roles/functions)

Community members: Why is it important to them?	<ul style="list-style-type: none"> ○ Offers opportunities for DPs to learn from each other on <ul style="list-style-type: none"> • PCC approach • Best practices in dementia care ○ Enables new DPs to learn from more experienced DPs ○ Allows DPs to build rapport and a support network
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How statements were formed

- Each group developed a set of statements and presented to the workshop participants
- This set of statements was selected to be the most appropriate in our context of CoP for DPs

1st Learning Activity: Issue Discussion & Confirmation Activity

Issues identified during the workshop

1. How do I enable the care team (staff of all levels) to practise **Person Centered Care (PCC)** in dementia care?

Why this topic was voted for :

- PCC is a guiding principle that is not easy to practice, especially in dementia care
- PCC is the gold standard

What are the current issues now?

- There is no clear training roadmap on PCC available for practitioners now
- Lack of PCC element in care planning
- Shortage in manpower

2. How do we **standardize clinical practice** for dementia care across different organisations?

Why this topic was voted for :

- There is a lack of detailed guidelines on dementia care e.g. managing behavior of concerns
- Practicing dementia care causes high stress to care staff

What are the current issues now?:

- How to manage behaviours of concern

3. How do we support new dementia practitioners?

Why this topic was voted for :

- Ensure there is uniformity in practice
- Equip new DPs with skills in managing behaviours of concern
- Help new DPs practice self-care while caring for PWDs

What are the current issues now?:

- By 1 Jul, DDCs will be required to nominate or hire staff to fulfil the role of a DP, and these staff might not be experienced in leading a team to care for PWDs

Issues identified during the networking session

No.	Your ONE work issue (e.g. How do I?)
G1	<p>How do we provide activities which are meaningful, sustainable, and successful, that are individualised, and for clients at different stages e.g. at the reflex level?</p> <ol style="list-style-type: none"> 1. Keeping PLWD engaged through programmes at different stages of diseases, especially those with challenging behaviours, short attention span, despite resource limitations (manpower, infrastructure) 2. Continually supporting staff in understanding and reframing challenging behaviours as unmet care needs and uncover and leveraging residual strengths of individuals. Key focus: Meaningful engagement despite challenging behaviours
G2	<p>How can we come together as a multi/interdisciplinary team to discuss management of clients, from management of client to caregiver stress?</p> <p>How do we work with other stakeholders (esp. caregivers) to get their cooperation in managing the care needs for PWD?</p>
G3	<p>How do we better provide care support to direct care staff & caregivers in DDC?</p> <p>How to empower our colleague and staff to deliver the holistic care to client?</p> <p>How do we manage enhanced dementia care with manpower shortage?</p>

Discussion on Issues – Breakout Rooms

1. Discuss and confirm that you are comfortable for the CoP to address the 3 issues.
2. If you feel new issue(s) need to be addressed by the CoP, please type that down in the google document.
3. Ensure that the new issue(s) are **independent** of the 3 issues and **not subsumed** under any of the 3 issues.
4. Core team member to write down any new issue(s) and why they are important and briefly share the outcome of the discussion to the CoP members.
5. You will use google doc for discussion. **Please click on the link in your chat box to access goggle doc.**

2nd Learning Activity:

How do we support new dementia practitioners? – World Café Discussion

Issue : How do we support new dementia practitioners?

Why this topic was voted for :

- Ensure there is uniformity in practice
- Equip new DPs with skills in managing behaviours of concern
- Help new DPs practice self-care while caring for PWDs

What are the current issues now?:

- By 1 Jul, DDCs will be required to nominate or hire staff to fulfil the role of a DP, and these staff might not be experienced in leading a team to care for PWDs

Issue : How do we support new dementia practitioners?

Q1: How do we ensure there is uniformity in practice?

Q2: How do we equip new DPs with skills in managing behaviours of concern?

Q3: How do we help new DPs practice self care while caring for PWDs?

World Café - When

- Idea generation and brainstorming
- Issue exploration
- Collaborative sense making
- Consolidating learning (e.g. post training or post conference)

World Café - How

- Identify host for each group. Assign questions.
- Hosts write down the question they are in-charge of on the flip chart
- When session starts, hosts invite conversation/discussion among group members and note them down on the flip chart.
- Hosts encourage participation from everyone
- After 15 mins, sessions 2 starts. Group members move to new tables.
- Hosts stays behind, welcome new members, quickly summarise what was discussed in the previous session and continue the conversation. Hosts can contribute their insights too.
- At the end, hosts consolidate inputs and take turn to share to the community.

What do we want to do for the next sharing session?

- What issues to consider and what learning activities to organize?

Online platform for DP CoP

Check Out Activity

1. What is your **ONE** key learning point from today's session?

2. How do you intend to apply them in your practice?

Critical friend - please type inputs in google doc.

Thank You