

# Medication Management (Intermediate)

Having had some basic knowledge of drugs, this intermediate medication management course will help staff working in healthcare settings, to gain a deeper knowledge and understanding of drugs used to treat commonly encountered conditions.

## Course objectives

- Learn how the absorption, distribution, metabolism and excretion of drugs would be affected by ageing and disease
- Learn about the various drugs used to manage common medical conditions
- Recognise and manage common adverse reactions caused by medications

## Course outline

### Day 1:

- Basic pharmacodynamics and pharmacokinetics
- Drug formulations and routes of administration of drugs
- Mechanisms of drug interactions
- Drugs used in common cardiovascular disorders (Hypertension, Hyperlipidemia)
- Drugs used in common endocrine disorders (diabetes mellitus, thyroid disorders)

### Day 2:

- Drugs used in common respiratory disorders (Chronic Obstructive Pulmonary Disease, asthma)
- Drugs used in common orthopedic conditions (osteoarthritis, osteoporosis, gout)
- Drugs used in common infections (urinary tract infection, skin infections)

## Training methodology

Lectures, group discussions and activities, case scenarios, demonstrations with skills practices

## Trainers' profile

**Loh Li Ling, Lai Chien Kuan, Wong Yoke Cheng and Celine Tan** are registered pharmacists at St Luke's Hospital, each with over 10 years of working experiences. They are Preceptors for pharmacy students and pre-registration pharmacists. They also conduct medication training sessions for doctors and nurses. Chien Kuan specialises in geriatric pharmacy and palliative care, Celine specialises in psychiatric pharmacy, while Li Ling and Yoke Cheng are experienced administrative and clinical pharmacists.

- [slh.org.sg](http://slh.org.sg) ● [fb.com/slhsg](https://www.facebook.com/slhsg) ● [giving.sg/slh](http://giving.sg/slh)



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**Target audience:** Enrolled Nurses, Registered Nurses, Nurse Clinicians and Educators

### Course duration (2 full days):

8.30am–5.30pm

### Course dates:

- Run 1: 21–22 May 2019
- Run 2: 21–22 Oct 2019

**Course fee:** \$518.95 (including GST)  
Prevailing course fee subsidy at **90%** for Singaporeans/PRs and **45%** for foreign staff working in eligible community care organisations.

### Venue: St Luke's Hospital

2 Bukit Batok Street 11

Singapore 659674

### REGISTER

through your organisation's designated AIC LMS Administrator

[https://lms.aic-learn.sg/lms/app/SYS\\_login.aspx](https://lms.aic-learn.sg/lms/app/SYS_login.aspx)

**Course code:** SLH-CL-02-01

### Enquiries

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