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► **Geriatric Rehabilitation**

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- Integrated Care/Management Skills/Quality Improvement/Technology



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***Regular Reads** is a supplement of **mosAIC**, the Agency for Integrated Care's publication for the Community Care sector. Filled with information such as programmes, good practices, book and journal summaries as well as stories from the sector, **mosAIC** is available free for Community Care staff. For more information, visit <http://www.aic.sg/mosaic>



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Risk of hip fracture among older people using antihypertensive drugs: A nationwide cohort study



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mosAIC's Regular Reads aims to give relevant, useful information to Community Care partners for the improvement of their operations. This section features journal articles that highlight latest research findings as well as good, evidence-based and innovative practices. While the articles aim to keep Community Care partners informed of current developments in the sector, the views and opinions expressed or implied do not necessarily reflect those of AIC, its directors or editorial staff.

» Risk of hip fracture among older people using antihypertensive drugs: A nationwide cohort study

NEW!

This report examines the associations between exposure to antihypertensive drugs and the risk of hip fracture among older people living in Norway. It found that the risk of hip fracture was decreased among people exposed to thiazides, beta-blockers, calcium channel blockers, angiotensin II receptor blockers, ACE inhibitor/thiazide combination products and angiotensin II receptor blocker/thiazide combination products. Hence, the overall use of most antihypertensive drugs was associated with reduced risk of hip fracture. However, use of loop diuretics and ACE inhibitors (plain products) among people younger than 80 years increased the risk of hip fractures.

Ruths, S., Bakken, M., Ranhoff, A., Hunnskaar, S., Engesaeter, L. & Engeland, A. (2015, December 1). Risk of hip fracture among older people using antihypertensive drugs: a nationwide cohort study. BMC Geriatrics.

Search for the full-text article at www.biomedcentral.com