

Is your loved one bedbound?



Learn about the services that can support you and your loved one.



**We all want to age
at home, surrounded by
family and friends.**

**There are Community
Care services to support
your loved one, and give
you peace of mind.**



Select from the schemes and
services which may be most
suitable for your loved one.
Contact us to learn more.

Care at Home

Being in a familiar environment gives your
loved one the best support in healing both
their body and their mind.

They can stay at home close to family, with
home care services at their doorstep, such
as nursing support and extra help around
the house, etc.



Home Medical

A care professional provides treatment
of chronic conditions such as diabetes,
hypertension and high cholesterol.



Home Personal Care

Trained care staff will help your frail loved
one with their activities of daily living, and
other tasks such as grocery shopping and
light housekeeping.

Care Cost

For families who require financial assistance, there is a variety of schemes that can help you and your loved one.



Caregivers Training Grant

The Caregivers Training Grant (CTG) is a \$200 annual subsidy* that lets caregivers, including Migrant Domestic Workers (MDWs), attend approved courses to better care for the care recipient.



Scan QR code for the list of courses available under the CTG.

* From 1 Apr 2024, eligible beneficiaries will start off with a \$400 grant. Each year, there will be a top up to care recipients' Caregivers Training Grant by \$200, and unused monies can be carried forward, with the Caregivers Training Grant monies for each care recipients capped at \$400.



Migrant Domestic Worker Levy Concession for Persons with Disabilities

Pay a lower levy of \$60 per month (instead of \$300) when you hire an MDW to help care for a frail senior or a loved one with disabilities.



Home Caregiving Grant

Receive \$250 or \$400^ a month while caring for your loved one with moderate to severe disabilities.

^If you own multiple properties, you will receive the lower tier of \$250 per month.



Seniors' Mobility and Enabling Fund

Your loved one can remain mobile and live more independently with subsidies for devices that assist them with their daily activities (e.g. showering, walking) and home healthcare items.



Pioneer Generation Disability Assistance Scheme

As a Pioneer, your loved one can receive \$100 a month to support their cost of care if they have moderate to severe disabilities.



Interim Disability Assistance Programme for the Elderly

If your loved one did not qualify for ElderShield or CareShield Life, they can receive a monthly cash payout of between \$150 and \$250.

Residential Care

A Nursing Home is for seniors who need some help with day-to-day activities, such as dressing, bathing or taking medication.

If your loved one requires a greater degree of medical support, or has extensive care needs that cannot be provided by current home care services, a medical social worker may refer them to a nursing home instead.



Home Nursing

A nurse helps with wound dressings, injections and change of feeding tubes.



Home Therapy

A therapist helps your loved one regain or maintain their ability to carry out daily activities.



Meals-on-Wheels

Get food delivered to your loved one if they are unable to buy or cook their own meals and have no one to purchase food for them.



Hospice Home Care

Care for your loved one at home if they have advanced or progressive health conditions that are expected to progress in weeks or months.

Taking a Break from Caregiving

Taking care of yourself is as important as caring for your loved one. You can take breaks to do things you enjoy or join caregiver support groups to connect and share caregiving tips with your peers. For more information, visit for.sg/aic-csn



Nursing Home Respite Care

A stay-in option with healthcare services for loved ones with high care needs if you need a break of at least seven days.

The Heart of Care



Click
www.aic.sg



Call
1800 650 6060



Visit
AIC Link

The Agency for Integrated Care (AIC) aims to create a vibrant care community for people to live well and age gracefully. AIC coordinates and supports efforts in integrating care to achieve the best care outcomes for our clients.

We reach out to caregivers and seniors with information on staying active and ageing well, and connect people to services they need.

We support stakeholders in their efforts to raise the quality of care, and also work with health and social care partners to provide services for the ageing population. Our work in the community brings care services and information closer to those in need.