

Post-Diagnostic Support Community Outreach Team (CREST-PDS)



For Persons Newly Diagnosed with
Dementia and Their Caregivers



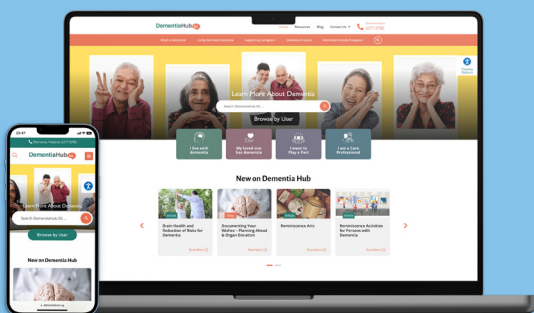
The Post-Diagnostic Support Community Outreach Team (CREST-PDS) serves to establish a structured support system consisting of **information, service linkage and case management.**

It supports both the person living with dementia and their caregivers for the first six months upon referral.

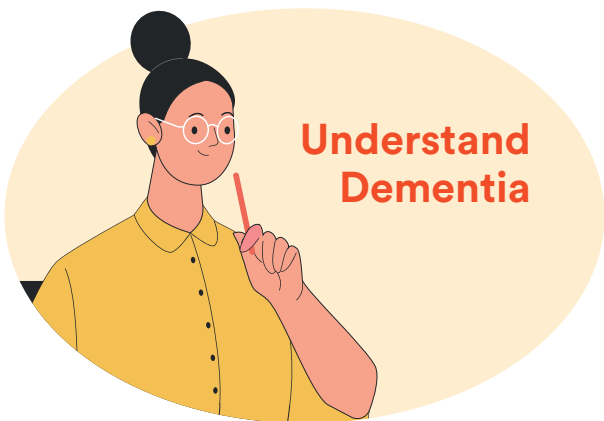
To get the most comprehensive and up-to-date information and resources on dementia, visit



www.DementiaHub.SG



Our Services



It may be difficult to come to terms with the new diagnosis and understand about the condition. The CREST-PDS team will share with you on the type of dementia and what to expect as the condition progresses, and facilitate early planning and management.



Care plans for both the person living with dementia and caregiver will be tailored based on the needs identified. The CREST-PDS team will guide you and your loved one on topics such as mental capacity and future health decision-making.

Care Coordination and Service Linkages to Community Resources



The CREST-PDS team will coordinate local support and services to support your needs. Recommendations could include simple home modifications with dementia-friendly design, activities to engage the person living with dementia meaningfully, and caregiver respite services.

Caregiver Support Network



Engage and interact with other caregivers through the learning and sharing of experiences, coping strategies and tips which will support the co-development of solutions to challenges. The Caregiver Support Network will serve as a platform to provide social and emotional support to caregivers.



The CREST-PDS team, consisting of an allied health professional and community liaison coordinators, will guide and help you on the journey to:

- Understand the condition;
- Facilitate early planning and management of the disease; and
- Coordinate community resources to support person-centred care.

For CREST-PDS programme, please contact us at:

The Heart of Care



Click
www.aic.sg



Call
1800 650 6060



Visit
AIC Link

The Agency for Integrated Care (AIC) aims to create a vibrant care community for people to live well and age gracefully. AIC coordinates and supports efforts in integrating care to achieve the best care outcomes for our clients.

We reach out to caregivers and seniors with information on staying active and ageing well, and connect people to services they need.

We support stakeholders in their efforts to raise the quality of care, and also work with health and social care partners to provide services for the ageing population. Our work in the community brings care services and information closer to those in need.



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