



**THY HUA KWAN
MORAL CHARITIES**

MEDIA RELEASE

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AIC, CFS and THKMC launch micro-jobs for seniors

Seniors looking to take on simple tasks to help fellow seniors while keeping themselves healthy and active can soon do so by taking up micro-jobs in their community. The scheme is developed by Centre for Seniors (CFS) in collaboration with the Agency for Integrated Care (AIC) and Thye Hua Kwan Moral Charities (THKMC).

2. The new micro-jobs initiative caters to the interests of participating seniors, enables them to earn some remuneration, and enhances their sense of meaning and purpose by helping other seniors. It was launched at THKMC's National Day celebration today.

Micro-jobs scheme: services by seniors, for seniors

3. Unlike conventional programmes in Active Ageing Centres where seniors are the recipients of services and activities, the micro-jobs scheme empowers seniors to help their peers. For a start, the scheme will offer seniors options to carry out simple tasks such as delivering meals or carrying out medication reminders to fellow seniors in their community. These tasks were established based on feedback from seniors on their desires and capabilities.

4. The micro-jobs scheme will enable seniors to keep fit and active while carrying out the tasks. They will also be able to interact with fellow seniors and keep an eye out for each other as they go about in the community.

Micro-jobs pilot

5. Since January 2023, AIC has been collaborating with THKMC to pilot the micro-jobs scheme. It has been rolled out at 11 of THKMC's Active Ageing Centres, and around 50 seniors have signed up. They receive \$1 for every task delivered and will

receive more for complex tasks to be rolled out progressively. Together, they have supported nearly 200 beneficiaries, and completed more than 22,000 tasks.

6. “The success of our micro-jobs pilot with THKMC has shown that seniors have much to contribute to the community and are willing to do so. We believe that this programme will benefit more seniors - participants, and recipients alike. Together, we will build a nation where seniors live and age well in the community, with their lives full of meaning and purpose,” said Mr Tan Kwang Cheak, AIC’s Chief Executive Officer.

Expansion of micro-jobs opportunities

7. Going forward, AIC will work with CFS to offer micro-jobs opportunities to seniors from other Active Ageing Centres across Singapore. The scheme is supported by the Tote Board Community Health Fund, which supports the piloting of innovative programmes for the Community Care sector. The fund is administered by AIC.

8. To expand the micro-jobs initiative, AIC will connect CFS to its network of Community Care partners. As CFS assists seniors in finding purposeful engagement through work, Community Care organisations can benefit from CFS’ employment facilitation to come up with meaningful activities and skill development programmes. This will build a positive and inclusive atmosphere for seniors.

9. CFS will also provide support in areas such as scheduling and payment processing. With this, Community Care organisations can concentrate on refining their service offerings and ensuring excellent service delivery.

10. Early this month, four Active Ageing Centres under Lions Befrienders have also started offering micro-jobs to seniors.

11. “By offering employment facilitation to active seniors, CFS empowers this demographic to continue contributing to the workforce and society. Many seniors wish to stay engaged in the workforce or meaningful activities after retirement, and CFS can bridge the gap by connecting them with suitable job opportunities or roles that align with their skills and interests,” said Ms Lim Sia Hoe, Executive Director of CFS.

12. At the same time, THKMC is looking to introduce additional tasks that seniors can take on, such as organising and conducting activities at their Active Ageing Centres. As most of the seniors are long-time friends and neighbours of the seniors on the micro-jobs scheme, they feel encouraged, and at ease when leading the activities.

13. “By empowering seniors to assist the centres in running activities, the staff can channel their time to handle duties such as conducting home visits under the befriending and buddying programme, check on frail and homebound seniors in the

community, and more. With this, the staff can support seniors better under Healthier SG and improve coordination between us and our community partners,” said Mr Jason Lee, THKMC’s Chief Executive Officer.

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About the Agency for Integrated Care

The Agency for Integrated Care (AIC) aims to create a vibrant care community for people to live well and age gracefully. AIC coordinates and supports efforts in integrating care to achieve the best care outcomes for our clients. We reach out to caregivers and seniors with information on staying active and ageing well, and connect people to services they need. We support stakeholders in their efforts to raise the quality of care, and also work with health and social care partners to provide services for the ageing population. Our work in the community brings care services and information closer to those in need. For more about us, please visit <https://www.aic.sg>.

About Centre for Seniors

Founded in 2006, the Centre for Seniors (CFS) is a Non-Profit, Social Service Agency (SSA) that is committed to promoting the total well-being of older persons in Singapore, specifically their vocational, financial and psycho-social health.

CFS leverages on its extensive experience in working with older persons, to expand its roles to promote ageing with dignity by fostering a society which enables older persons to continue to be gainfully and meaningfully employed for as long as possible and to remain actively and purposefully engaged in the everyday community.

About Thye Hua Kwan Moral Charities

THKMC was incorporated on 13 October 2011 as a charity to provide multiple social and welfare services to the community at large, and achieved an Institute of Public Character (IPC) status on 18 November 2011. **THKMC** is the charitable arm of Thye Hua Kwan Moral Society, which lives by the mission – To Serve Mankind – to help anyone who needs help regardless of their race, religion, colour, language, creed and culture. **THKMC** today serves more than 55,000 beneficiaries through more than 70 programmes across five Services, which include Disability, Early Intervention for Children, Family, Seniors’ Community, and Therapy.