

Lien Foundation

The Community Care sector is a critical infrastructure providing a myriad of services, powered by passionate professionals & volunteers. We are grateful for and draw strength from the ways they serve the vulnerable with grit and grace. Their work is more important than ever as we navigate a “never normal” world with unprecedented challenges and opportunities presented by greater longevity. To find clarity and vitality in the sector, we will collaborate and bet on the future together. We dedicate this award back to our esteemed partners.

Lee Poh Wah, Chief Executive Officer



Gym Tonic participants and trainers in a photoshoot for Gym Tonic's YOLO Calendar 2023.

Lien Foundation is a Singapore-based philanthropic organisation that seeks to inspire social change by pioneering and propagating solutions that attempt to tackle the root cause of problems in eldercare, and seeks to improve care for the dying.

Their contributions to the eldercare space include mobilising community resources to fight frailty and dementia. Some examples of their initiatives include Reunion (purpose-built inclusive social space for seniors at the National Museum of Singapore), Care Beyond Walls (new dementia daycare model developed with AWWA), Hacking Ageing @ NUHS Centre for Healthy Longevity, and publications (e.g. HACK CARE - solutions to create dementia-friendly homes).

In the area of palliative care, the Foundation started: Oasis @ Outram (new model of hospice daycare operated by HCA Hospice, Lien Centre for Palliative Care @ Duke-NUS Medical School and the Lien Collaborative for Palliative Care (co-developed with Asia Pacific Hospice Palliative Care Network).

Since 2009, Lien Foundation supported Catholic Welfare Services, St Joseph's Home (SJH) to improve their service delivery, including:

- Gym Tonic - A strength training programme to restore, maintain or improve physical functions in seniors, which is also available at 29 locations island-wide.
- Happy Urns - A joint project with SJH residents and Ang Chin Moh Foundation to encourage people to have conversations about mortality with loved ones.
- IngoT PCC (Person Centred Care) - An IT initiative that enables the practice of person-centred care and to unite multiple providers, regardless of care type on a common technology platform.
- Dusk to Dawn programme - Night respite for caregivers of persons with dementia who experience sundown syndrome.

From 2020 to 2022, Lien Foundation has given \$18.8 million in grants towards eldercare projects.



Gym Tonic participants at Fei Yue's Bukit Batok AAC.



Dusk to Dawn night respite at St Joseph's Home.



Happy Urns project with residents of St Joseph's Home.