

MEDIA RELEASE

National CARECarnival at Kampung Admiralty celebrates contributions of caregivers

*Caregivers can enjoy enriching activities at the carnival;
new training options are also available*

18 November 2023 – To raise awareness about caregiving and celebrate caregivers in Singapore, the Agency for Integrated Care (AIC) hosted the National CARECarnival at Kampung Admiralty today.

This carnival is part of the four National CARECarnival and Conference series of events organised by AIC in partnership with CaringSG, the National Council of Social Service, and SG Enable.

Minister for Health Mr Ong Ye Kung was the Guest-of-Honour at the event, while Mr Tan Kwang Cheak, Chief Executive Officer of AIC, delivered the opening address. In his speech, Mr Tan lauded the contributions of caregivers, and highlighted that it is crucial for them to have the right skills to take care for their loved ones.



(L-R: Minister for Health Mr Ong Ye Kung thanking Mr Glenn Poh, a caregiver to his mother, Mdm Tan Sow Meng (middle), who is living with dementia)

Strengthening Training for Caregivers

Recognising the importance of equipping caregivers with the know-how to perform their caregiving responsibilities, AIC partnered SkillsFuture Singapore (SSG) to offer a catalogue of relevant training courses. These courses align with the skill categories indicated in the



Caring and Growing with Caregivers

Learning Guidebook (for Caregivers) developed by AIC and SG Enable which was launched on 8 November 2023.

The existing caregivers training catalogue has been expanded to about 200 courses to cover topics on both care delivery and care management. Under the expanded catalogue, over 70 courses on care management are available. The inclusion of these care management courses demonstrates the importance of planning and coordinating care for loved ones. Examples of the courses include “Resilience for Change” offered by the Singapore University of Social Sciences, and “My Life, My Care, My Wishes” offered by Tsao Foundation. From 18 November 2023, Singaporeans may tap on the new joint catalogue available on <https://for.sg/cg-training-course>.

To make training more affordable and accessible to caregivers, starting 1 April 2024, eligible beneficiaries will be provided with an initial subsidy of \$400 under the Caregivers Training Grant (CTG), double from the \$200 that is currently available. The beneficiaries can carry forward their unused CTG monies each year, and the government will top up the training accounts of these beneficiaries by \$200 each year, with a cap of \$400 in each account. In addition, caregivers for those eligible beneficiaries can utilise their SkillsFuture Credit to attend courses found in the caregiver training catalogue offered by AIC and SSG.

Activities for Caregivers at National CARECarnival

In line with the event’s aim of mobilising the community to affirm, support and empower caregivers, a wide range of activities were held at the National CARECarnival at Kampung Admiralty.

Caregivers had the opportunity to hear from other caregivers on their experiences. These include award-winning host, author and inspirational speaker Ms Belinda Lee, who spoke on her caregiving journey, and she also interacted with the participants. Mdm Rahimah Abdul Rahim, a caregiver from Club HEAL, shared about being a caregiver to a family member with mental health issues, while Mr Bob Lee, a caregiver to his son with autism, discussed about planning ahead for a child when the parents are no longer around.

To enable caregivers and seniors to network, NTUC Health Active Ageing Centre (Care) at Kampung Admiralty held an open house with carnival activities and games. At the same time, to support caregivers to better care for themselves and their loved ones, talks on mental wellness, advance care planning and future care planning were held. There were also stage performances, tours, workshops, resource booths, carnival games and giveaways.

Commenting on the carnival, AIC CEO Mr Tan Kwang Cheak said, “We recognise that caregivers play a critical role in caring for their loved ones. They need support, understanding and skills at different stages of their journey. This is why we have tied up with partners like CaringSG, the National Council for Social Service, and SG Enable, to come up with this series of events dedicated to reach out to and support our caregivers. We encourage caregivers to tap on the resources and training available. At the same time, we are continuing efforts to look at ways to better support caregivers. It is our hope that we can help to lighten the burden of caregivers, support them better, and leave no caregiver behind.”

About the National CARECarnival and Conference

Organised by:





Caring and Growing with Caregivers

The National CARECarnival and Conference is organised by AIC, CaringSG, the National Council of Social Service, and SG Enable. Themed “Caring and Growing with Caregivers”, it aims to empower caregivers, mobilise the community, and strengthen support for caregivers.

It comprises four events: the virtual CAREConference that kicked off the series on 8 November 2023, followed by three CARECarnivals at different heartland communities in Singapore. The first carnival took place on 11 November 2023 at Enabling Village, with the carnival today at Kampung Admiralty being the second. The last carnival will be on 25 November 2023 at Heartbeat@Bedok.

- END -

Organised by:





Caring and Growing with Caregivers

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About Agency for Integrated Care

The Agency for Integrated Care (AIC) aims to create a vibrant care community for people to live well and age gracefully. AIC coordinates and supports efforts in integrating care to achieve the best care outcomes for our clients. We reach out to caregivers and seniors with information on staying active and ageing well, and connect people to services they need. We support stakeholders in their efforts to raise the quality of care, and also work with health and social care partners to provide services for the ageing population. Our work in the community brings care services and information closer to those in need. For more about us, please visit <https://www.aic.sg>.

About CaringSG

CaringSG is a registered charity and an Institution of Public Character. They connect, enable and empower fellow special needs caregivers by building an inclusive, compassionate and supportive community through innovative solutions. For more information, visit www.caring.sg.

About National Council of Social Service

NCSS is the umbrella body for over 450-member social service agencies in Singapore. Its mission is to provide leadership and direction in enhancing the capabilities and capacity of our members, advocating for social service needs and strengthening strategic partnerships, for an effective social service ecosystem. Community Chest is the fundraising and engagement arm of NCSS and Social Service Institute (SSI) is the human capital development arm of NCSS. For more information, please visit www.ncss.gov.sg.

About SG Enable

SG Enable, the focal agency for disability and inclusion in Singapore, enables persons with disabilities to live, learn, work and play in an inclusive society. We create equitable opportunities for persons with disabilities through thought leadership, sustainable social innovation and impactful partnership. Guided by our core values of professionalism, innovation and empathy, we envision a more inclusive Singapore and enabled lives. Set up by the Ministry of Social and Family Development in 2013, we are a registered charity and an Institution of a Public Character. For more information, visit www.sgenable.sg.

Organised by:



ANNEX

List of Translated Terms

TERM	CHINESE	MALAY	TAMIL
Agency for Integrated Care	护联中心	Agensi Penjagaan Bersepadu	ஒருங்கிணைந்த பராமரிப்பு அமைப்பு
CaringSG	关爱之心	-	-
National Council of Social Service	国家福利理事会	Majlis Khidmat Sosial Kebangsaan	தேசியச் சமூகச் சேவை மன்றம்
SG Enable	新加坡协助残障人自立局 (新协立)	SG Enable	எஸ்ஜி எனேபல் எனும் இயலாமை உள்ளோருக்கான நல்வாழ்வு நிலையம்
National CARECarnival and Conference	全国看护嘉年华和大会	Karnival dan Persidangan Nasional untuk Para Penjaga	தேசிய பராமரிப்பாளர் விழா மற்றும் மாநாடு
Caregivers Training Grant (CTG)	看护者培训津贴 (简称 CTG)	Geran Latihan Penjaga	பராமரிப்பாளர்கள் பயிற்சி உதவித்தொகை